

North Cascade Intergroup Overeaters Anonymous Meeting List

Day	Time	City	Address	Format	Contact	Phone
Sun	9:00 - 10:30 AM	Bellingham	St Joseph's Hospital Main Campus Physicians' Dining Room	Big Book Study	Robin	360-770-4224
Sun	5:00 - 6:00 PM	Burlington	Christ The King Church	Big Book Study	Randi B	360-914-2560
Mon	10:30 -11:30 AM	Anacortes	Anacortes Lutheran Church 22nd & O Ave	Varied, Fragrance free	Kim	707-738-3067
Mon	5:30 – 7:00 PM	Everett	Providence Med. Ctr. (Pacific) 916 Pacific Ave Monte Cristo Room	Literature	Sandra	425-238-8874
Mon	6:00 - 7:00 PM	Langley	Langley AA Hall 432-2nd Street	Varied	Leslie	360-320-2539
Mon	6:30 – 7:30 PM	Bellingham	St Luke's Education Center 3333 Squalicum Parkway		Richard	360-201-3786
Tue	5:30-6:30 PM	Bellingham	Garden Street Methodist Church 1326 North Garden Street	Literature	Diane L	360-927-2758
Wed	5:30 - 6:30 PM	Bellingham	Saint Luke's Education Center 3333 Squalicum Parkway	Relapse and Steps	Marc	360-510-4560
Wed	6:00 - 7:00 PM	Oak Harbor	Oak Harbor Lutheran Church 1253 NW 2nd Ave	Varied	Glenn	360-544-8433
Thurs	12:00-1:00 PM	Bellingham	St. John's Lutheran Church Cornwall Ave	Includes Meditation	Linda	360-734-3312
Thurs	6:00 – 7:00 PM	Marysville	Mountain View Presbyterian Church 5115 -100 th St NE	Varied	Ruth	425-350-6595
Thurs	7:00 – 8:00 PM	Anacortes	Center for Spiritual Growth 1013 – 5 th St	11 th Step	Jennifer	951-237-8626
Fri	12:00 - 1:00 PM	Bellingham	First Congregational Church 2401 Cornwall Ave Room 11	Step & Tradition study	Angela	360-224-0138
Sat	9:00 –10:00AM	Friday Harbor	395 Spring Street House next door to church	Varied	David B	360-378-8436
Sat	10:00 -11:30AM	Bellingham	St. James Presbyterian Church 910 14th Street	Literature study	Elaine B.	360-715-1681