

North Cascade Intergroup Overeaters Anonymous Meeting List

August 2018

Day	Time	City	Address	Format	Contact	Phone
Sun	9:00 - 10:30 AM	Bellingham	St Joseph's Hospital Main Campus Physicians' Dining Room	Big Book Study	Mary	360-420-1044
Mon	10:30 - 11:30AM	Anacortes	Anacortes Lutheran Church 22nd & O Ave	Varied, Fragrance free	Kim	707-738-3067
Mon	5:30 - 6:45 PM	Everett	Providence Med. Ctr. (Pacific Campus) 916 Pacific Ave Monte Cristo Room	Literature	Sandra	425-238-8874
Mon	6:00 - 7:00 PM	Langley	Langley AA Hall 432-2nd Street	Varied	Leslie	360-320-2539
Mon	6:30 – 7:30	Bellingham	Saint Luke's Education Center 3333 Squalicum Parkway	Literature Study	Richard	360-201-3786
Tues	5:30- 6:30 PM	Bellingham	Garden Street Methodist Church 1326 North Garden Street		Diane L	360-927-2758
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Tues	6:00-7:00 PM	Mt Vernon	Scagit Valley Hospital		Jodi	360-424-3575
Wed	5:30 - 6:30 PM	Bellingham	Saint Luke's Education Center 3333 Squalicum Parkway	Relapse and Steps	Marc	360-510-4560
Wed	7:00 - 8:00 PM	Oak Harbor	Oak Harbor Lutheran Church 1253 NW 2 nd Ave	Varied, Fragrance free	Majorie	360-678-9358
Wed	6 PM to 7 PM	Camano Island	St Aidan's Episcopal Church 1318 WA-532		Pat	360-565-6341
Thurs	6:00 - 7:00 PM	Marysville	Mountain View Presbyterian Church 5115- 100 th St NE	Literature Study	Ruth	425-350-6595
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Thurs	12-1 PM	Bellingham	St John's Lutheran Church Cornwall Ave.	Varies Includes meditation	Linda	360-734-3312
Thurs	12 – 1 PM	Coupeville	Living Hope four Square Church		Janet	206-387-1924

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Thurs	7:00 – 8 PM	Anacortes	Center for Spiritual Growth 1013 – 5 th St	11 th Step	Jennifer	951-237-8626
Fri	12:00 - 1:00 PM	Bellingham	First Congregational Church 2401 Cornwall Ave Room 11	Step & Tradition study	Clair H	360-441-2021
Sat	9:00 –10:00AM	Friday Harbor	395 Spring Street House next door to church	Varied	David	360-378-8436
Sat	10:00 - 11:30AM	Bellingham	St. James Presbyterian Church 910 14th Street	Literature study	Elaine B.	360-715-1681

North Cascade Intergroup Officers		Phone
Chair	Tracy K	425-314-8368
Vice-Chair	Clair H	360-441-2021
Secretary	Elaine B	360-715-1681
Treasurer	Marjorie T	360-678-9358

Next intergroup meeting is Nov 17th at 10:15 at the Burlington Public library ,820 E Washington Ave, Burlington, WA 98233.
There will be two speakers, then lunch followed by the intergroup meeting.